As of 4/3/25	U4	U5/6	U7	U8	U9	U10	U11-12	U13-14	U15-16	U17-19	Adult (11v11 / 7v7)
Field Size – Yards	20x30	20x30	30x50	30x50	35x55	35x55	45x70	65x110	65x110	45x70	70x120 45x70
Goal Size (feet)	4x6	4x6	4.5x9	4.5x9	6.5x18	6.5x18	7x21	8x24	8x24	7x21	8x24 / 7x21
Players											
Maximum	4	4	5	5	7	7	9	11	11	9	11 / 7
Minimum	3	3	3	3	5	5	7	7	7	7	7 / 5
Game Time (minutes)											
Quarters	6	8	10	12	-	•	•	-	-	•	-
Halves	•	-	•	٠	25	25	30	35	40	40	40 / 25
Breaks (minutes)											
Quarters	2	2	2	2	-	-	-	-	-	-	-
Halves	5	5	5	5	10	10	10	10	10	10	10
Ball Size	3	3	3	3	4	4	4	5	5	5	5
Goalkeeper	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Offside	No	No	No	No	Yes						
Restarts (Touchline)	Kick In	Kick In	Throw In*	Throw In*	Throw In	Throw In	Throw In	Throw In	Throw In	Throw In	Throw In
Restarts (Kicks)	IFK	IFK	IFK*	IFK*	FIFA						
Punts	No	No	No*	No*	No	No	Yes	Yes	Yes	Yes	Yes / No
Separation (yards)	3	3	4	4	7	8	10	10	10	10	10
Two Touch Violation	No	No Redo	No Redo	No Redo	Yes						
Penalty Kicks	No	No	No	No	Yes						
Crease*	Yes	Yes	No	No	No	No	No	No	No	No	No
Build Out Line	No	No	No	No	Yes	Yes	No	No	No	No	No
Substitutions											
Quarters	Yes	Yes	Yes	Yes	-	-	•	-	-	•	-
Half	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Injuries	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Throw In*	-	-		-	Yes						
Goal Kicks	-	-	-	-	Yes						
Goals	-	-	-	-	Yes						
Cautioned Player	-	-	-	-	Yes						
Ref Decision	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Stoppage	-	-	-	H	-	-	-	ł	-	ŀ	-

Chart Notes	
(AGE)X	Small Sided - not the normal full sided game; TSA will announce before season number of players
ALL TSA REC/Coed/Adult	NO Slide Tackles Tolerated – If slide tackle occurs and no contact with ball / player = FOUL; Contact with ball / player - minimum YELLOW; SFP is still RED vnm
Youth Small-Sided Rules	Small Sided
	Restarts (Touchline & Kicks) (U5, U6, U7, U8) Redo if done incorrectly
	Crease Do not allow a player to remain standing in the crease playing defense; Ball must enter first
	Punts (U7/U8) - no punting, ball can be dropped and kicked after first bounce, can't pick up ball once dropped
Goal kicks (U4 – U6)	Taken at top of crease; Opponents must be back according to Separation above
Throw In Substitution	(U9 and above) If the team taking the throw in substitutes, then the opponent may substitute
Build Out Line	When GK has possession, the opponents must move back to the Build Out line unless keeper chooses to release the ball earlier.
	GK MAY release the ball before opponents reach Build Out.
	a) If opponents violate Build Out line then IFK at infraction
	b) If GK places ball on ground it is a live ball
	c) If GK places ball on ground then GK may not take the ball into hands - IFK
	d) Referee may play advantage if ball is played out away from defenders and can be further played up the field
	No offside between half line and Build Out line
No Heading (U12 & below)	(U12 and below) no deliberate heading
	Deliberate heading violation is an IFK but is NOT a foul, IFK at spot of foul with goal area exception IAW with LOTG
	No advantage may be given - the violation takes precedence, no persistent infringement is possible because it's not a foul