

As of 4/3/25	U4	U5/6	U7	U8	U9	U10	U11-12	U13-14	U15-16	U17-19	Adult (11v11 / 7v7)
Field Size – Yards	20x30	20x30	30x50	30x50	35x55	35x55	45x70	65x110	65x110	45x70	70x120 45x70
Goal Size (feet)	4x6	4x6	4.5x9	4.5x9	6.5x18	6.5x18	7x21	8x24	8x24	7x21	8x24 / 7x21
Players											
Maximum	4	4	5	5	7	7	9	11	11	9	11 / 7
Minimum	3	3	3	3	5	5	7	7	7	7	7 / 5
Game Time (minutes)											
Quarters	6	8	10	12	-	-	-	-	-	-	-
Halves	-	-	-	-	25	25	30	35	40	40	40 / 25
Breaks (minutes)											
Quarters	2	2	2	2	-	-	-	-	-	-	-
Halves	5	5	5	5	10	10	10	10	10	10	10
Ball Size	3	3	3	3	4	4	4	5	5	5	5
Goalkeeper	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Offside	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Restarts (Touchline)	Kick In	Kick In	Throw In*	Throw In*	Throw In	Throw In	Throw In	Throw In	Throw In	Throw In	Throw In
Restarts (Kicks)	IFK	IFK	IFK*	IFK*	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA
Punts	No	No	No*	No*	No	No	Yes	Yes	Yes	Yes	Yes / No
Separation (yards)	3	3	4	4	7	8	10	10	10	10	10
Two Touch Violation	No	No Redo	No Redo	No Redo	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Penalty Kicks	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Crease*	Yes	Yes	No	No	No	No	No	No	No	No	No
Build Out Line	No	No	No	No	Yes	Yes	No	No	No	No	No
Substitutions											
Quarters	Yes	Yes	Yes	Yes	-	-	-	-	-	-	-
Half	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Injuries	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Throw In*	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Goal Kicks	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Goals	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cautioned Player	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Ref Decision	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Stoppage	-	-	-	-	-	-	-	-	-	-	-

[illegible]