

**CHALLENGER SPORTS**

# ***Skill Development Program***

We will provide you with seven (7) hour and half (1.5) weekly training, conditioning and skill development sessions, along with advanced instruction and physical training necessary to help your player achieve a higher level of play. Each week the players will take part in technical, tactical and physical training sessions that will sharpen their skills, improve their decision-making and increase their speed and fitness.

- Passing, Control & Movement
- Individual skills, Feints & Moves
- Dribbling, Turning & Running with the ball
- Shooting, Heading & Volleying
- Individual and Group Defending
- 1v1, 2v2 & 3v3 Attacking
- U11+ Advanced Technical skills, tactical thinking and teaching of the game

## **TEXOMA SOCCER ASSOCIATION**

*FAIRVIEW PARK SOCCER COMPLEX*

Mon.....**Sept 20–Nov. 1** .....5:30 – 7:00 .....U5-U8 ..... **\$70**

Mon.....**Sept 20–Nov. 1** .....7:00 – 8:30 .....U9-U19 ..... **\$70**

Space is limited. Register early to reserve your spot.

[www.challengersports.com](http://www.challengersports.com) (Fall/Spring Programs)



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